



January Magic Moments Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Choice of Cereal Low Fat String Cheese Diced Peaches Milk	3 Warm Apple Frudel 100% Orange Juice Chilled Pineapples Milk	4 Whole Grain Cinnamon Pop Tart w/ String cheese 100% Grape Juice Chilled Peaches Milk	5 Choice of Cereal Low Fat String Cheese Chilled Peaches Milk	6 Whole Grain Waffles 100% Grape Juice Milk
9 Choice of Cereal Low Fat String Cheese Diced Pears Milk	10 Warm Chocolate Chip French Toast Sticks Fresh Apple Slices Milk	11 Whole Grain Blueberry Muffin Low Fat Cheese Stick Fresh Orange Slices Milk	12 Choice of Cereal Low Fat String Cheese Fresh Banana Milk	13 Warm Biscuit & Gravy w/Sausage Patty Fresh Banana Chilled Peaches Milk
16 Choice of Cereal Low Fat String Cheese Diced Peaches Milk	17 Warm Apple Frudel 100% Orange Juice Chilled Pineapples Milk	18 Whole Grain Cinnamon Pop Tart w/String Cheese 100% Grape Juice Chilled Peaches Milk	19 Choice of Cereal Low Fat String Cheese Chilled Peaches Milk	20 Whole Grain Waffles 100% Grape Juice Milk
23 Choice of Cereal Low Fat String Cheese Diced Pears Milk	24 Warm Chocolate Chip French Toast Sticks Fresh Apple Slices Milk	25 Whole Grain Blueberry Muffin Low Fat Cheese Stick Fresh Orange Slices Milk	26 Choice of Cereal Low Fat String Cheese Fresh Banana Milk	27 Warm Biscuit & Gravy w/Sausage Patty Fresh Banana Chilled Peaches Milk
30 Choice of Cereal Low Fat String Cheese Diced Peaches Milk	31 Warm Apple Frudel 100% Orange Juice Chilled Pineapples Milk	1 Whole Grain Cinnamon Pop Tart w/String Cheese 100% Grape Juice Chilled Peaches Milk	2 Choice of Cereal Low Fat String Cheese Chilled Peaches Milk	3 Whole Grain Waffles 100% Grape Juice Milk
<p>Milk selections include 1% white, skim or skim chocolate. All milk is artificially hormone free.</p>				

This institution is an equal opportunity provider.